

1 man - 5 Days

1 Oatmeal
1 Flapstax
2 Soup
1 Burger Bits
1 Cheese
1 Spam
1 Tuna
1 Bacon Bits
1 Potted Meat
1 Peanuts
1 Macaroni & Cheese
1 Green Beans
1 Hashed Brown Potatoes
1 applesauce
2 Raisins
1 Dix Mix
1 lb. Trail Biscuit
2 Fruit Drink
1 Jello
7 Tea Bags
7 Coffee
1 Dried Milk
1 Instant Pudding
5 Candy Bars
1 Creamed Honey

1 Sugar (Brown or white)
1 Salt
6 Pepper
1/2 lb. Margarine
1 Detergent Bar
1 Toilet Paper
1 Scrub Pad
1 Minced Onion

H.F.K.
8/9/67

1 Man - 5 Days

Breakfast

Lunch

Dinner

Oatmeal 1/3
Hash Browns 1/3
Trail Biscuit
Coffee - Tea
Bacon Bits 1/3

Trail Biscuit
Peanuts 1/5
Cheese 1/5
Honey 1/6
Fruit Drink
Candy Bar

Soup 1/2
Spam 1/2
Biscuits 1/2
Pudding 1/3
Cof - Tea
Green Beans 1/3

Flapstax 1/2
Spam 1/2
Honey 1/6
Cof - Tea

Trail Biscuit
Peanuts 1/5
Cheese 1/5
Raisins
Fruit Drink
Candy Bar

Macaroni & cheese 1/2
Burger Bits 1/3
Trail Biscuit
Honey 1/6
Cof - Tea
Applesauce: 1/3

Oatmeal 1/3
Hash Browns 1/3
Trail Biscuit
Cof - Tea
Bacon Bits

Trail Biscuit
Potted Meat
Peanuts 1/5
Cheese 1/5
Fruit Drink
Candy Bar

Soup 1/2
Burger Bits 1/3
Biscuits 1/2
Pudding 1/3
Cof - Tea
Green Beans 1/3

Flapstax 1/2
Honey 1/6
Bacon Bits 1/3

Trail Biscuit
Peanuts 1/5
Cheese 1/5
Raisins
Fruit Drink
Candy Bar

Macaroni & Cheese 1/2
Tuna
Trail Biscuit
Honey 1/6
Applesauce 1/3
Green Beans 1/3

Oatmeal 1/3
Trail Biscuit
Honey 1/6
Applesauce 1/3

Trail Biscuit
Peanuts 1/5
Cheese 1/5
Fruit Drink
Candy Bar

Soup 1/2
Burger Bits 1/3
Hash Browns 1/3
Pudding 1/3

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