

Solo information 1968
Northwest Outward Bound School

Solo equipment

1. Pack
2. Nylon shelter sheet or poncho
3. Six matches
4. Knife
5. Snare wire and line
6. Water bottle
7. Whistle
8. Notebook and pencil
9. Sleeping bag (optional)
10. Salt and one #10 tin can

Solo is not meant to be a miserable experience. Properly handled, it can be one of the most significant experiences of your life. Improperly handled, it can be extremely uncomfortable. Everything depends on our approach to the Solo, and your preparation for it., the energy and imagination, and above all, the common sense you bring to adapting to life in the natural world.

From 1968 staff manual